**EMPLOYABILITY AND SELF-DEVELOPMENT**

**Learning Outcome 4: ACTIVITY 7**

**PAIRED ACTIVITY**

**Responding positively to feedback**

Read the following article:

<http://money.usnews.com/money/blogs/outside-voices-careers/2015/07/14/5-tips-for-responding-to-negative-feedback-at-work>

Discuss how the tips within the article could help you respond positively to feedback.

Then take it in turns to give each other some feedback on aspects of performance that were not up to standard, and try to respond positively to what is said. For example:

* Your monthly report had two errors in it. You need to do better next month.
* You have been late for work twice this week. It doesn’t reflect well on our team.
* It didn’t go unnoticed that you and Suv had a disagreement about how to save 10% on the budget.
* You were booked into attend the breakfast training meeting but you didn’t attend. Why was that?

These examples of feedback are quite abrupt. Can you think of better ways to deliver the same feedback in a more constructive manner?

If feedback is delivered constructively, it makes it easier for people to respond positively!