**EMPLOYABILITY AND SELF-DEVELOPMENT**

**Learning Outcome 5: ACTIVITY 1**

**INDIVIDUAL ACTIVITY**

**Being objective about own performance**

This activity is based on Activity 1, Chapter 5 in your Study Guide. If you have already attempted it, re-do it here with different pieces of work in mind.

Thinking about your recent workload, ask yourself:

* What went well?
* What could I do even better if…?

Reflect on four different activities, two you feel went well, and two you feel could have gone better.

What would need to have done for the two that could have gone better, so that you could have felt they had gone well?