**EMPLOYABILITY AND SELF-DEVELOPMENT**

**Learning Outcome 5: ACTIVITY 2**

**HOMEWORK INDIVIDUAL ACTIVITY**

**Excellence journal**

This activity is based on Activity 3 of Chapter 5 in the Study Guide. If you have already completed it, do so again now – to reflect the activity of a different week.

For the next week, at the end of each day, write an entry into an excellence journal. Consider the following questions:

Did I do everything to the best of my abilities today? What could I do better?

What one question could I ask tomorrow, and to who, that will help me be better than I am today?

What have I learned today that I didn’t know yesterday? What do I still need to know?