**THE HR PROFESSIONAL**

**Learning Outcome 5: ACTIVITY 3**

**SMALL GROUP ACTIVITY**

**Models of reflective practice**

**Aim:**

The aim of this activity is to develop an understanding of a number of reflective practice models.

**Objectives:**

* To develop a checklist for use when using a number of reflective models.
* To compare and contrast reflective models and identify when each is best used.

**Task brief:**

Working in your groups you will be allocated one of the reflective models below:

* Boud’s triangular representation (1985)
* Gibb’s reflective cycle (2011)
* Atkins and Murphy (1994)

Develop a checklist which can be used by HR professionals to help others reflect. (You may wish to review the example based on Kolb in your study guide (Activity 5, Chapter 5).

Discuss the most effective uses of this model ready to contribute to a group discussion comparing and contrasting these.

**Outcomes:**

The class will develop checklists to encourage a structured use of each reflective model.

**Time:** 30minutes.